

## Mentoring – Timeline & Key Learning Points

Start	End	Topic / Session	Key Learning Points
9:30 / 13.30	9:45 / 13.45	Welcome & course objectives Workshop Overview	Course milestones Specific needs – setting boundaries
9:45 / 13.45	10:00 / 14.00	Mentoring - impacts Key actions resulting in successful Mentoring	Raising awareness. Generating responsibility. Planning for success in Mentoring.
10:00 / 14.00	10:30 / 14.30	Importance of questioning and listening Learning styles impact <b>Discussion / brainstorm</b> : 10 mins / section <b>Personal reflection</b> – skills self- assessment	<b>PGL experience to date</b> Learning styles action planning Readiness for Mentoring Confidence and techniques
10:30 / 14.30	10:45 / 14.45	BREAK	
10:45 / 14.45	11:15 / 15.15	Mentoring benefits, model and process <b>Personal reflection</b> – effective Mentoring characteristics	<b>PGL experience to date</b> GROW and PRO models Confidence and techniques
11:15 / 15.15	11.30 / 15.30	Feedback benefits, model and process	Dealing with hard feedback
11.30 / 15.30	12.30 / 16.30	<b>Practice session</b> <b>Conflict / Boundary issues</b> Mentoring case study	<b>PGL experience to date</b> Using the Mentoring model to deal with issues Dealing with difficult situations

